AgeSense Post-assessment	K-STATE Research and Extension		
	ID Number: (KSU Use only)		
Date of Program: Instructor: Program County/District:			

Thank you for participating in this program. To help determine the impacts of this program and improve it further, we would like you to complete this brief questionnaire. Your participation is voluntary and all efforts will be made to ensure your confidentiality.

- 1. Because of your participation in this program, did you learn anything new? o YES o NO
- 2. If yes, what did you learn?

- 3. Because of your participation in this program, do you plan on taking any action or changing anything in your life? •• YES •• NO
- 4. If yes, what?

- 5. Gender: o Female o Male
- 6. Your Age: _____
- 7. Race (please select all that apply):
 o American Indian or Alaska Native
 o Asian
 o Black or African American
 o Native Hawaiian / Other Pacific Islander
 o White
 o Prefer not to respond
- 8. Ethnicity: o Hispanic or Latino o Not Hispanic or Latino o Prefer not to respond
- 9. Marital Status (please select only one):
 o Married o Divorced o Separated o Single/cohabitating o Widowed o Prefer not to respond



10.		Less than High SchoolBachelor Degree		High School or GEDGraduate Degree		
11. Do you provide care for someone else? o YES o NO						
12 In general would you say your health is (circle one):						

12. In general, would you say your health is (circle one):1 Excellent2 Very good3 Good4 Fair5 Poor

13. For the following items, please indicate your level of agreement by placing a check in the appropriate box.

	Strongly Agree	Agree	Neither Agree or Disagree	Disagree	Strongly Disagree
Because of this program, I understand that there are many ways to think about aging.					
Because of this program, I understand that many beliefs and attitudes people hold about aging are false.					
Because of this program, I understand that thinking positively about my own aging may benefit my health.					
Because of this program, I understand that losses and gains are experienced throughout a person's life, not just as they age.					
Because of this program, I understand that there are proactive steps that I can take that may influence how I age.					

14. Please provide any additional comments you have.

15. May we contact you later to talk with you about this program? • YES • • NO

16. If yes, please leave your contact information here.

Name:			
Address:			
City:		State:	Zip Code:
Phone:	Email:		

Thank you for completing this form!