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K-STATE **Advance Health Care**
Research and Extension **Planning in Kansas 101**

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K-STATE **What are advance directives?**
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Advance directives are legal documents that allow you to voice your wishes regarding future medical care/treatment in the event that you become unable to do so for yourself.

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**DURABLE POWER OF ATTORNEY
FOR HEALTHCARE**

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K-STATE Research and Extension **Durable Power of Attorney for Health Care**

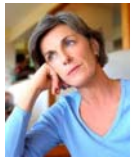

- Appoint an “agent” to speak on your behalf
- The agent:
 - Will speak for you only if you become incapacitated due to illness or injury
 - Can make treatment decisions (how/who), medical facilities, organ donation, autopsy, and what to do with your body after death
 - Cannot revoke wishes from a living will



K-STATE Research and Extension **Who should I appoint?**


Your agent should be someone:

- You trust
- Who knows you well
- Who will advocate for you
- Who will honor your wishes

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LIVING WILL



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Living Will

- An instruction list to your physician, family, and friends that outlines what type of life-sustaining procedures you want at the end of your life
- Essentially a request to die naturally utilizing only comfort measures



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Living Will

- “...I direct that such procedures be withheld or withdrawn, and that I be permitted to die naturally with only the administration of medication or the performance of any medical procedure deemed necessary to provide me with comfort care”

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PRE-HOSPITAL DNR

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Pre-Hospital DNR

- Written communication of your desire to not have resuscitation *attempted* should you stop breathing or your heart stops beating
- Typically only terminally ill or incredibly frail elderly have a DNR




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HOW CAN I COMPLETE THESE DOCUMENTS?



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- Fill-in-the-blank forms
- Must be:
 - Signed and dated
 - Notarized**OR**
 - Signed by two witnesses
- Pre-Hospital DNRs must be signed by your physician as well



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FINAL THOUGHTS

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Organ Donation in Kansas

How to sign up:


- Register online: donatelifekansas.com/join
- Say "yes" at the DMV
- Call 1-888-744-4531 to request a form

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THEY WERE SAD WHEN THEY FOUND OUT THEIR WEALTHY GRANDFATHER HAD DIED IN AN EARTHQUAKE.

THEY WERE DEVASTATED WHEN THEY DISCOVERED HE HAD WRITTEN HIS WILL ON AN ETCH A SKETCH.




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Storing your Documents

- House
- Vehicle
- Any place that you frequently visit for long periods of time
- Family / close friends
- Physician
- Health care agent



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Wallet Cards

I HAVE A DURABLE POWER OF ATTORNEY FOR HEALTH CARE	A copy of my document can be found in these places:
My Name:	
My Health Care Agent:	
My Agent's Phone #:	Other copies of my document are held by:
My Doctor:	Name: _____ Phone: _____
My Doctor's Phone #:	Name: _____ Phone: _____

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