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| **Getting Ready for the Day!** | **What Should I Eat?** | **Say What?!** | **Doctor, Doctor!** |
| What was the most difficult part of getting ready for the day?  How might you compensate for those challenges on a daily basis? | What two nutrients are especially important to consider when choosing food for a diabetic?1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What 3 meals are the best options?**Meal One****Meal Two****Meal Three** | Write down three things that you heard stroke sufferer # 1 say.1.2.3.Write down three things that you heard stroke sufferer # 2 say.1.2.3. | Find the closest doctors to Neosho Falls, Kansas.**Neurologist**Name:Phone #:City, State:**Urologist**Name:Phone #:City, State:**Cardiologist**Name:Phone #:City, State:**Oncologist**Name:Phone #:City, State: |