

RADIO/NEWS RELEASE QUICK TIP

My name is _____, and I am a Family and Consumer Sciences Extension Agent for K-State Research and Extension in _____ *County/District*.

60 second tip:

Do you worry about the medical care you would receive if you became ill and were unable to speak for yourself? Would you want to be put on life support? Who would you choose to make medical decisions on your behalf? You can ensure that you will receive the type of care that you want by stating your health care wishes in writing *before* a health crisis occurs. Kansas State Research and Extension offers free advance health care planning documents that can help you plan for your medical future. To learn about these documents, why you should plan ahead, and how to properly store your documents, stop by your _____ *County/District* Extension office and ask for more information on *Advance Health Care Planning in Kansas*. You can also reach us by telephone at (phone #) .