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| **What Should I Eat?** | **Getting Ready for the Day** | **Doctor, Doctor!** | **What’s This Pill?** |
| What nutrients are especially important to consider when choosing food for a diabetic?  What 3 meals are the best options?  **Meal One**  **Meal Two**  **Meal Three** | What was the most difficult part of getting ready for the day?  How might you compensate for those challenges on a daily basis?  What services, tools, or inventions could be beneficial for helping older adults get ready for the day and accomplish other similar tasks? | Find the closest doctors to  Scobey, Montana.  **Neurologist**  Name:  Phone #:  City, State:  **Urologist**  Name:  Phone #:  City, State:  **Cardiologist**  Name:  Phone #:  City, State:  **Oncologist**  Name:  Phone #:  City, State: | Describe how you felt when you completed this activity.  How could you help an older adult with their medications?  What services, tools, or inventions could be beneficial for helping older adults with their medications? |

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| **Go Fish!** | **Say What?** |
| Describe how you felt when you completed this activity.  How would you feel if you participated in social events like this on a regular basis with these challenges? What might you do as a result?  What services, tools, or inventions could help adults stay active and social even when they have these challenges? | Write down three things that you heard stroke sufferer # 1 say.  1.  2.  3.  Write down three things that you heard stroke sufferer # 2 say.  1.  2.  3. |