

Tips for Managing Retirement: Program Evaluation

Thank you for participating in the Tips for Managing Retirement program. As a participant, we value and appreciate your feedback. Please take a moment to answer the following questions.

	Strongly Agree	Agree	Neither Agree or Disagree	Disagree	Strongly Disagree
This program increased my understanding of the stages of retirement.					
This program taught me about the importance of communication before and after retirement.					
This program taught me ways in which I can start conversations with others about my retirement.					
This program helped me to understand the importance of living a healthy lifestyle at all stages of life.					
This program taught me about achieving balance in my retirement.					
This program helped me understand ways I can continue planning for my future in the areas of finances, health, and my home.					

Please tell us what steps you will take as a result of attending this program.

	I will communicate with others about retirement.		I will work to adopt a healthy lifestyle.
	I will strive to achieve balance during my retirement.		I will take steps to continue planning for my future financial wellness during my retirement.
	I will plan for future medical crises by completing my advance health care directives and getting help with Medicare enrollment, if needed.		I plan to take steps that will help me stay in my home as long as possible.

Please tell us about yourself.

Age	Gender	Racial Identity	Ethnic Identity
____ years	<input type="checkbox"/> Female <input type="checkbox"/> Male	<input type="checkbox"/> American Indian/Alaskan Native <input type="checkbox"/> Asian <input type="checkbox"/> Black <input type="checkbox"/> Native Hawaiian/Pacific Islander <input type="checkbox"/> White <input type="checkbox"/> Mixed Race (more than 1 race) Other _____	<input type="checkbox"/> Latino/Hispanic <input type="checkbox"/> Not Latino/Hispanic

Please share any other comments you may have about this program on the back of this page.