Make A Change

Practice safe storage of medications

Treat opioid medications like you would a firearm:
• Store in a safe, secure location
• Utilize a lockbox
• Never leave medications on a counter, nightstand, or other accessible locations
• Return medications to a secure location after each use

Dispose of medications safely:
• Dispose of your medications at DEA authorized collectors or at drug take-back events
• Utilize medication disposal bags
• Mix your medication with an undesirable substance, seal it in a bag, and dispose of it in your household trash
• Mark out labels and safely dispose of your medication bottles so you don’t become a target for break-ins
The Opioid Crisis

The opioid epidemic has become a public health crisis with devastating consequences.

Opioids include powerful prescription pain medications and the illegal drug, heroin.

115+ Americans die each day from opioid overdose.

~25% of patients prescribed opioids for pain misuse them.

80% of heroin users first used prescription opioids.

If change doesn’t occur, the death toll will keep rising.
Save A Life

Know how to respond in an emergency

**Signs of an overdose are:**
- Shallow breathing
- Gasping or choking for air
- Pale skin
- Blue lips and/or fingertips
- Small, pinpoint pupils
- Unconsciousness

**If you suspect someone is overdosing:**
- **Rouse and stimulate.** Attempt to wake the person.
- **Call 911.** The dispatcher may advise you to perform CPR.
- **Administer naloxone.** If you or another bystander has naloxone, administer it.